

TOTALCARE

L I V I N G

Capri Village

PRIMARY HEALTH CARE

Should you or your loved one require assistance in the comfort of your home, TOTALCARE offers Primary Health Care solutions that suit your unique needs.

Whether you're recovering from surgery, dealing with bedsores, or in need of assistance with dressing and hygiene, we support your well-being and longevity with a holistic approach to care, lifestyle, and assistance.

Primary Health Care Include

Nursing care or assistance with daily living activities, tailored to your individual care needs.

- Individualized Assistance
- Basic Health Screenings
- Personalized Care Plans
- Medication Administration
- Activities of Daily Living Assistance
- Monitor Sight and Hearing
- Basic Wound Care
- Hygiene upkeep



Peace OF MIND



Village Nurse Duties:

Primary healthcare and referrals.

Minor ailments. Individualized care plan.

Basic Health Screenings:

- Blood pressure
- Temperature
- Pulse
- Blood sugar
- Urine

Monitor eyesight and hearing. Monitor mobility.

Village Nurse hours: Monday-Friday: 12:00 - 16:00*

*excludes public holidays

Services offered at Shoreline Sibaya:

LIFESTYLE LIVING

Independent living with no care services.

ASSISTED LIVING

Individual assistance with activities of daily living.

FRAIL CARE

Focused nursing care with 24-hour assistance.

DOCTOR available by appointment on Wednesdays.



FIRST QUARTER 2026

Care Options

Should you require individual care or assistance, we provide the following options, catered to your specific needs.

Hours are per day, and prices start from per month.*

- 3 hours - R7 400
- 6 hours - R14 750
- 9 hours - R22 100
- 12 hours - R29 500
- 24 hours - R58 850
- Medication Administration - R3 900
- Medication packing and delivery - R390

*All prices are based on a needs assessment

Sister Renee

074 827 0823 - only available during office hours

Nursing Services Manager: Anita Sims

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www.totalcare.co.za

